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sandy: an inspirational story

by genet cramlet

There are thousands of thrilling, inspirational stories about everyday people who have found a truly supportive community that has helped them deal successfully with challenges and realize their dreams. This is just one of those stories.

Sandy was in her twenties, studying journalism and struggling with her courses, her relationship with her boyfriend, and other troubled friendships. She was a smart, determined young woman, but she could not seem to find meaningful, rewarding relationships or concentrate on learning the ideas and techniques for her chosen career. In tears one night after mangling yet another project, she stepped out for some fresh air and encountered Elizabeth, a neighbor who had sometimes offered friendly advice about the details of getting around in a new city. “What’s wrong?” Elizabeth asked, which of course sent Sandy into another fit of tears. Finally she explained how stupid she felt, and Elizabeth suggested, “Let’s talk to Nancy. She’s studying journalism too, maybe she can help.”

Nancy and Elizabeth sat down with Sandy, and talked not just about journalism and careers, but about living in a new place, meeting men, and eventually about the real decisions involved in dealing with those parts of life. With two concerned and experienced new friends to talk to, Sandy began to realize that her challenges could be overcome. These true friends—ones who wanted to be there for her when she needed them, not just for parties and good times—gave her the support she needed to be able to step back, take a long deep breath, and start taking stock of her life and the decisions she had been avoiding.

Sandy went on to change her degree to mathematics, a field she loved but had not chosen because she had been told “you can’t do anything with math but be a professor.” Her wise friends understood that part of fulfillment is following your talents and passions, and encouraged her to choose her field based on her own abilities rather than on the prejudices of others. She ended the relationship with her indifferent, unsupportive boyfriend, and consciously focused on relationships with effective, caring people like Elizabeth and Nancy.

Sandy is now a senior mathematics advisor for a major software company, loves her job, and keeps in touch with Elizabeth and Nancy. “Without the support of those two women who stepped into my life when I needed them the most,” says Sandy, “I don’t think I would have found the strength to cut my losses in my career and in my relationships. I would have kept going as I was because I was too afraid to make those big changes; but with real friends, I had a handrail of support to help me pick myself up and start climbing the stairs of real personal fulfillment and success.”

If you are looking for a community that shares this kind of support, nitty-gritty experience, and real friendships and relationships, read further to find out about i-embrace, the first online community about personal growth and true self-expression.

i-embrace: the first online community about personal growth and true self-expression

The i-embrace online community is about personal growth, communication, and realizing your dreams.

i-embrace will keep you in touch with resources for personal growth and outreach. We will help you find local, international, and online resources like seminars, powerful inspirational materials, and the latest information on taking care of your mind, your body, and your spirit.

i-embrace will help you establish a worldwide peer group for support, learning, growth, and accountability. No matter where you are in the world, i-embrace will put you in touch with supportive, experienced, valuable people. They may be next door, or halfway around the world, and this sort of diversity is just another way we like to add to the richness of your online community experience.

i-embrace is about embracing goals, values, and people. It is a central point of contact for inspired, self-aware, energetic people to learn from and support each other. Whether you are looking for resources, support, companionship, or enlightened conversation, other like-minded folks are looking for you too.

I-embrace brings together like-minded singles for meaningful relationships. While we are not simply a dating site, we understand that romance is likely to arise when singles who enjoy life come together to share real communication about their dreams and goals. With this in mind, we offer strong communities and resources both for those seeking friends and peers and for those specifically seeking other singles.

I-embrace is about elevating consciousness and letting you examine your attitudes, decisions, and ideas in a safe, supportive environment. Learning about yourself and overcoming your obstacles will lead the way to personal growth, constructive behavior and attitudes, and rewarding pursuits.

I-embrace is about community support contributing to self-empowerment, self-expression, and personal success.

I-embrace is an exciting new venture, ready for adventurous, open-minded spiritual pioneers to come together and make it a deep-rooted success. Visit www.i-embrace.com to find out how you can join this powerful new phenomenon of community and personal growth.